



Dog Training & Behavior Services

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Wonderful Walks

In this class, we focus on teaching what is called loose leash walking. The dog should remain on one particular side (right or left, your choice) during initial training, and keep a loose leash (ie. not pulling). It is often helpful to start off using a management tool that helps to teach your dog to walk nicely on leash. These tools can serve as an initial aid in training, or you may choose to use them long term for additional control.

- Easy Walk Harness (Any Pet Store)
- Mesh Sporn Harness (PetSmart, Chuck & Dons – Petco has in-house brand)
- Freedom No Pull Harness (Bone Adventure or Petexpertise.com)
- Gentle Leader (Any Pet Store)
- Leash Wrap
- Waist Leash
- Clicker (starmark clicker- petsmart or iclick – Petexpertise.com)
- Treat Pouch (Any Pet Store)



Training Preparation:

- Choose which side you will walk your dog (left is better for walking in the street against traffic, Right better for walking paths)
- Choose where you will put your treats for easiest access
- Choose which hand you will hold the leash, or if you will use a waist leash

Training Technique:

- Get your dog's attention before beginning walking, and maintain talking to your dog through this exercise to keep their focus.
- When the dog is in the proper place by your side without pulling, give him/her a treat (or click/treat). In the beginning you may be looking for just a step or two at a time. Try not to stop when giving the treats, keep moving. If the dog is jumping up for treats, ignore and try holding your hand up near your stomach or chest and only bring it down to deliver rewards.
- If the dog pulls, STOP and say "Ah, Ah!" (no reward marker) and lure the dog back by your side. Taking a step back with the leg closest to the dog can help get them back in place. Do NOT give the dog a treat when you lure him/her back by your side (this can pattern train the dog to go pull & come back to get a treat and repeat, which is not what we are looking for—only treat while the dog is walking next to you without pulling).
- Other things you can try include using penalty yards (dog pulls, you turn and walk the other direction for several feet), or go to an open area (parking lot for example) and just continue changing directions each time the dog pulls.

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